

Itinerary Guide 2024



Before diving into the preparations for the walk, here are a few words to remind you of the philosophy of the Chemin des Outaouais.

MARCHER...

Prendre du temps
Pour n'avoir d'autre occupation que marcher

Éprouver la fatigue du corps,
Quitter le monde habituel du confort si mou,

Emporter juste ce qu'il faut,
Se délester de l'inutile et s'en aller,
Un pas devant l'autre, à la force de ses moyens.

Ce ne sont pas les grandes distances
Qui comptent mais la volonté
De s'arracher aux habituels paysages.

Progresser sur le chemin malgré l'envie d'arrêter,
Faire jaillir les ressources cachées en soi
Pour avancer encore, malgré les obstacles,
Malgré la soif, malgré la pluie et cet insidieux désir
De se coucher, découragé,

Faire des étapes, s'orienter, s'essouffler, s'épuiser
Et retrouver la pleine saveur du pain et de l'eau,
Si simple, mais qui revigorent, se nourrir
De la présence des Autres
Qui stimulent et Soutiennent

Marcher, n'est-ce pas la vie ?

(auteur inconnu)

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Notes

- If you are not going to print the guide, please print the [Daily Route Validation](#) page (at the end), as you may want to have it signed or stamped each night, at each lodging.
- If you are going to print the guide, the finished size is 8.5" x 5.5". You could also ask the printer to add a coil binding at the top.

Complements to the Itinerary Guide

Review the [Frequently Asked Questions \(FAQ\)](#) on our website.

Before and during your Chemin des Outaouais walk, it is your responsibility to review the information presented in this Itinerary. You will find a wealth of information in both. For example, a partial list of grocery stores on your route can be found in the Services section of the Itinerary.

Digital Maps

To familiarize yourself with the route of your Chemin, review daily itineraries in advance on our internet maps:

<https://chemindesoutaouais.ca/index.php/etapes>.

We have also prepared maps that work with certain applications used with smartphones, tablets or GPS devices. These maps detail itineraries for each day and are available in GPX format

(https://drive.google.com/open?id=1WIKj46pjmXqzqANi13-af9a7Lsyx2DOc&usp=drive_fs)

or KMZ format (https://drive.google.com/open?id=1WmsUC6cYdsjALEC-GPr2UC_H4CkWjlpq&usp=drive_fs).

Liability and Physical Damages

Walking long distances involves risks. It is **imperative** that each walker respects the rules of the road, bike paths and any other trail during your walk.

It is also essential that each walker follow the rules of your accommodation hosts as well as, at rest stops.

The Chemin des Outaouais disclaims all liability for malaise, accidents, loss or theft of equipment or any injury of any nature that a person may suffer during the activities or on the premises of accommodation it organizes.

***Walkers are responsible for their own safety.
Be careful. Exercise caution. Watch for traffic.
In case of emergency, call 911.***

Accommodations

The Chemin des Outaouais cannot be held responsible for charges in the event that any group offering accommodations should withdraw their offer once the trip has already started.

Only registered walkers for the Chemin des Outaouais have access to the accommodations listed in this itinerary. Registered walkers receive a badge that identifies them. In addition, a list of walkers is distributed to the hosts of each accommodation.

There may be additional information left at some accommodations, on notice boards, for example, how to get the key for the next accommodation. Please take note.

Guidelines

- On roads where there are no sidewalks, walk on the left shoulder of the road, facing traffic. Take note of any road signs along the road.
- Ensure you have a daily supply of water and food for your walk.



Watch for **stickers** bearing this logo. It indicates that you are on the correct path. Most of the time, you will find it glued to the back of traffic signs, facing you.



Also watch for the **yellow arrows** that show you the route to follow.



You will see this poster at **rest stops**. If you have a cell phone, you can scan the QR code. It provides access to the Chemin des Outaouais website.



You will see this poster at your nightly **accommodation**. If you have a cell phone, you can scan the QR code. It provides access to the Chemin des Outaouais website

- Get your [Daily Route Validation](#) (on the inside back page of the Itinerary) stamped or signed at each of your accommodations.
- Arrive at your accommodations after 2:00 pm and leave by 9:00 am. In case of rain, check with your host to see if you can arrive a little earlier.

- Each walker must pay the accommodation contribution requested by the host (\$20, \$25, \$30 or more, in cash) at each location. If a meal is offered, the cost is determined by the host. It is strongly encouraged to hand over \$20 or more in cash at each accommodation even if you do not complete the course. This donation ensures a certain sustainability of our accommodation.
- Please note that the requested amount is determined by the hosts. The Chemin des Outaouais is not responsible for determining the amount.
- Without our hosts there would be no Chemin des Outaouais. Out of consideration for accommodation providers and other walkers, you are asked to keep accommodation areas clean.
- **Bedding is not provided.** Bring a pillowcase and a sleeping bag. A mattress is provided as well as a pillow and, in some places, blankets.
- With a few exceptions, laundry services are not available.
- The distances indicated in the Itinerary come from Google Maps. Remember that sometimes mobile phones, GPS and Google Maps do not agree on distances.
- Please respect the environment. Leave no imprint on your route, except that of your steps!
- Walkers must comply with the Covid measures put in place by the provinces.
- You can share your emergency information with someone in your group, if you wish.

Photos


Do you have photos of your walk to share? Send them to us here: photo@chemindesoutaouais.ca.


By agreeing to send us your photos, where people are recognizable, you consent to their publication and distribution on our social media (eg: Facebook, CDO Website, Twitter and Instagram) for purely promotional purposes.

Day 1: Ottawa to Orléans—21 km

Departure is at 8:00 am from the steps of Notre Dame Cathedral Basilica, 385 Sussex Drive, Ottawa.

Your guide may lead you to the shore of the Ottawa River by an alternative route. The route indicated here is more direct.

Total (km)	DIRECTIONS	Segments (km)
0	<p>Leaving Notre Dame Cathedral Basilica, turn right on Sussex Drive and walk to the first roundabout. En route, you will pass the Royal Canadian Mint, Global Affairs Canada, Rideau Falls the French Embassy, the residence of the Governor General and of the Prime Minister.</p> <p> Walk around the roundabout on the right to the entrance to the official residence and the Governor General where you have access to public toilets.</p>	1.8
1.8	<p>When leaving the entrance to the Governor General's residence turn right on Sussex Drive (now Princess Ave) to the 2nd roundabout. Go around the roundabout on the right, cross and go along the shoulder from Princess Avenue, continue walking to the bike path (Ottawa River Pathway) that branches right just before Sir Georges-Étienne Cartier Parkway.</p>	0.4
2.2	<p>Turn right and follow the bike path until it meets Lisgar Road.</p>	1.1
3.3	<p>Cross Lisgar Road and use the sidewalk on the right of Sir Georges-Étienne Cartier Parkway to Acacia Avenue.</p>	0.5
3.8	<p>Turn right on Acacia Avenue and continue on the sidewalk to 741.</p>	0.4
4.2	<p>After 741 Acacia Avenue, make your way to the entrance of the National Capital Commission Park on the left (the sign says Rockcliffe Park and the Rockeries) and follow the asphalted path.</p>	0.1
4.3	<p>You will see Soper's fountain on your left at the end of the park. Pass by the fountain and take the stairs to the parking lot. Cross carefully, the Sir Georges-Étienne Cartier Parkway to rejoin the bike path.</p> <p>Turn right on the bike path and you will see a large sign in approximately 30 m for the Ottawa New Edinburgh Club.</p>	0.2
4.5	<p>At the sign, turn left and take the stairs down to a gravel path that runs along the Ottawa River. (You can also reach the Ottawa River Pathway about 200 m further if the stairs are</p>	7.7

	not accessible). Take the path on the right and continue until you reach a junction and sign announcing Orléans. There are rest stops along the path.	
12.2	At the junction, turn right and climb a small hill towards Orléans.  There are toilets on the right.	1
	At the top of the hill, keep left and take the path that enters a forested area. Continue to follow the bike path. At the next junction, keep right and continue until you reach the Sir George-Étienne Cartier Parkway. Turn left and cross the bridge.	
13.2	After the bridge, continue walking on the bike path until you reach Radisson Way. Keep right on Radisson Way until Hiawatha Park Road.	3.2
16.4	Turn right on Hiawatha Park Road until the bike path on the left.	0.2
16.6	Take the bike path towards Île Pétrie until the junction towards rue Champlain.	2.2
18.8	Turn right: you are on Champlain Street. Continue to the Place d'Orléans shopping center (you arrive in front of entrance 1).	1.3
20.1	Facing entrance 1, go to you right and follow the Shopping Center to boul. St-Joseph which you take on your right. Continue to accommodation.	0.9
21	Arrival.	



Accommodation

- Parish Presbytery Saint-Joseph d'Orléans, 2757 Saint-Joseph Boulevard.
- Report to the office before 5:00 pm and before going to the basement. Mass is at 7:00 pm so you can access your accommodation at the end of the mass, around 7:30 pm. Your room is near the toilets.
- There is no shower available.
- Contacts):
 - Office telephone number (before 5.00 pm: Kathleen Blain, 613-824-2472
 - For emergencies and weekends: Father Appolinaire Ntamabyaliro, 613 590-5961
- Before leaving, please take note of the information that is on the poster. The code for the key box of your accommodation in Buckingham is indicated there, as well as the code for the key box for your accommodation in Montebello. Other informations may be posted.



Services

- There are many services and restaurants nearby.



Shower for tomorrow Day 2: the Lucien-Houle Aquatic Center in Buckingham, located about a fifteen-minute walk from the accommodation, allows our walkers to take a shower for free.


Procedure: call today at 819 243-2345 ext. 3066 today to advise how many people will want to take a shower. If there is no answer, leave a message on the voicemail and mention the number of people who will be taking a shower.

Address: 580-A, rue Maclaren Est. Buckingham



Blue Line 613 238-1111.

Day 2 : Orléans to Buckingham (Gatineau) — 18.8 km

Total (km)	DIRECTIONS	Segments (km)
0	When leaving the accommodation, turn left onto boul. Saint-Joseph then turn left onto Place d'Orléans; walk along the Shopping Center to entrance 1. Restaurants just before.	1
1	Take Rue Champlain (facing entrance 1) and continue to the bike path.	1.2
2.2	Take the bike path on the right; at the Y intersection, keep left and continue to the end of the bike path: you arrive at Twedde rd.	2
4.2	Turn left onto Jeanne-d'Arc blvd until Trim rd.	0.2
4.4	Turn right on Trim rd.; at the roundabout, turn left and continue on Trim rd.	1.3
5.7	Turn left on Old Montreal rd/Ottawa 34 and continue to Cameron Street.	6.4
12.1	Turn left on Cameron Street and continue until you reach the ferry. Consider a break here before taking the ferry across the Ottawa River to Québec.	0.5
	 The ferry accepts cash, credit card or Interac, using 'tap'.	
12.6	On the Québec side, continue along chemin du Quai, which joins R-148N/315N (chemin de Masson).	2.2
14.8	Follow chemin de Masson (R-315N) to the railway track which you cross. Continue about 20 meters and take the bike path on your left.	0.3
15.1	Continue to follow the bike path to avenue Lépine.	3.6
18.7	Turn slightly left on avenue de Buckingham (R-315N) to rue Maclaren.	1.4
20.1	Carefully cross avenue de Buckingham, continue on rue Maclaren to your accommodation on the right.	0.3
20.4	Arrival	



Accommodation

- Sacristy of the Parish of St-Grégoire de Nazianze, 150, rue Maclaren east.
- To access the sacristy, go to door B on the side of the parking lot at the back of the church. The key box access code was provided at your accommodation in Orléans. The key opens both the exterior and the interior doors.
- Upon entering, climb the stairs to the sacristy. You can use the mattresses on the floor in either the sacristy or the church.
- **Please do not use the kitchen in the basement.**
- **If you eat a meal inside the sacristy, please ventilate the room.**
- In the morning, put the mattresses along the sacristy wall before you leave.
- Put the key back in the key box when you leave.
- Please pay for your accommodation in the box provided for this purpose in the sacristy.
- On Wednesdays, there is a prayer group in the sacristy from 1:30 pm to 3:30 pm. You may join them if you wish. Please wait until the group finishes before you place your mattress.
- On Saturdays, there is a mass from 4:00 pm to 5:00 pm. Please wait until the end of the service before you place your mattress.
- Contact in case of emergency: Father Normand Daigle 514 569-5904
If unavailable: Colombe Mireault 819 743-2789 or
Bernard Hébert 819 281-1956







Services

- A convenience store and restaurants are nearby.
- **Shower:** You can go take a shower at the Lucien-Houle Aquatic Center if you called yesterday to notify the Center of the number of people.
Schedule: Monday to Thursday until 9 p.m.; Friday until 8:30 p.m.;
Saturday and Sunday until 7 p.m. Address: 580-A, rue Maclaren Est



Taxi BMA Soucy 819 986-3332

Day 3 : Buckingham (Gatineau) to Thurso — 17.6 km

Total (km)	DIRECTIONS	Segments (km)
0	When you leave your accommodation, take rue Maclaren to the right for a few meters then turn right on rue Bélanger and turn left on rue Church until rue Dollard.	0.7
0.7	Turn right on rue Dollard until avenue Lépine.	1.1
1.8	Turn left on avenue Lépine and continue straight until Chemin Pagé.	3.2
5	Turn right on Chemin Pagé and continue straight until Chemin Linda.	1.1
6.1	Turn left on chemin Linda, which becomes the 3 ^e Rang in the municipality of Lochaber.	5.3
	 <p>At Ferme Val-Champs, at 1101, chemin Linda, (about 6.7 km from the start), there is a rest area. Homemade outdoor toilet.</p>	
	 <p>About 3.6 km further, you can stop at a small Scottish cemetery where there are two benches.</p>	
	 <p>About 200 meters after the cemetery, at 870, 3^e Rang, Thurso (West Lochaber), you will find another rest area. Access to water via an exterior tap. Bench and swing. Toilet accessible only when the owners are present.</p>	
	Continue walking on 3 ^e Rang to the stop sign, montée Berndt.	
11.4	Turn left on montée Berndt.	1.6
	Continue to 4 ^e Rang (or chemin Craig) where there is a wooden wayside cross.	
13	Turn right at 4 ^e Rang.	3.2
	 <p>At 829, 4th row, at “Notre petite ferme”, there is a rest area. Picnic table in the yard and balcony at the main house. Drinking water available in the rear barn and sink outside for ablutions/body refreshment. No toilets.</p>	
	Continue walking until the stop sign (R-148), just after the railway line.	
16.2	Turn left on the R-148 which becomes rue Victoria in the village of Thurso. Continue walking until you reach the Saint John the Evangelist church.	1.4



Accommodation

- Your accommodation is at the end of the courtyard, between the church and the presbytery located at 350 rue Victoria.
- The first walker to arrive takes the key from the Le Droit newspaper box in the house and turns the "open" sign on the door of the room,
- The last walker to leave turns the door sign to "closed" and puts the key back in the Le Droit newspaper box in the house.
- Contact:
 - Mrs Louise Leblanc 819-707-0580 (emergency only).
 - There will be another phone number listed in the room.







Services

- Services and restaurants are nearby.
- Given the limited food availability in Plaisance, it may be wise to stock up on supplies for Day 4/5 at the Thurso grocery store.

Day 4 : Thurso to Plaisance — 18.5 km **

 See also alternative route

Total (km)	DIRECTIONS	Segments (km)
0	Turn right on rue Victoria (R-148). At the traffic lights, turn left on rue Galipeau and continue until you reach the bike path on the right after rue Bill-Clément.	1
1	Take the bike path, which is initially paved, but it becomes a dirt path, cross the R-317 (first road that you cross) and continue walking until 5° Rang E. This is the second unmarked paved road.	1.7
2.7	Turn right on 5° Rang E and continue until you reach the T intersection at Montée du Gore, about 1.7 km after Montée Steiner.	5.1
7.8	<p>Turn left on Montée du Gore.</p> <p>  In 35 m (at the corner of 3° Rang), there is a rest area with a cross, and a shelter with trees, a table and outdoor toilet.</p> <p>Continue walking on Montée du Gore until you reach chemin du 4° Rang du Gore where there is a wayside cross.</p>	2.6
10.4	<p>Turn right on chemin du 4° Rang du Gore and continue until you reach Rang Malo.</p> <p>Enter Parc des Chutes de Plaisance on your right, just after the bridge over Rivière de la Petite-Nation. Entrance is free for walkers identified with the CDO tag/badge.</p> <p>  There are washrooms and picnic tables available. No drinking water.</p>	2.4
12.8	When leaving the falls, return to Rang Malo and keep right. Continue until you reach the T intersection at Montée Papineau.	1.6
14.4	Turn right on Montée Papineau, which becomes rue Papineau. Continue to rue Principale (R-148). Cross rue Principale and continue right on chemin des Presqu'îles in order to reach tonight's accommodation.	4.1
18.5	Arrival	



Alternative Route via Plaisance National Park

Total (km)	DIRECTIONS	Segments (km)
0	Turn right on rue Victoria (R-148). At the traffic lights, turn right on rue Galipeau and continue until you reach the Visitor Centre on the left for Parc national de Plaisance, just before reaching the ferry. An entry fee is charged by park authorities (SEPAQ).	1.5
1.5	Take the Sentier des Outaouais to the Sentier de la Baie Noire.	5.5
7	Turn left on Sentier de la Baie-Noire, continue until Sentier de la Carrière.	1.6
8.6	Keep right and continue walking on Sentier de la Carrière until you reach rue Legault (just after the bridge).	3.8
12.4	Turn right on rue Legault and then turn slightly right on Sentier de la Carrière to chemin des Presqu'îles.	2.4
14.8	Turn left on chemin des Presqu'îles until you reach tonight's accommodation.	0.2
15	Arrival	



Accommodation




- 49 chemin des Presqu'îles.
- The accommodation is in the basement of the house. To access, walk along the left side of the house and enter through the second door. A poster will indicate where to enter.
- The host offers to wash and dry cloth for an extra cost.
- Contact : Mrs Ann-Marielle Tinkler 418 955-7517
- Take note of the key box code for your accommodation in Montebello if you have not already noted it in Orléans.




Services

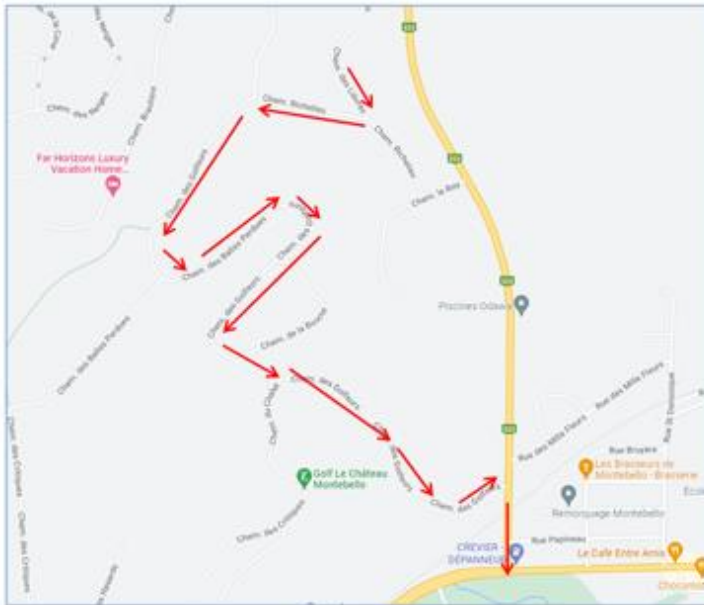
- A snack bar and a restaurant nearby (opening days and hours vary widely). No grocery store, only one convenience store at the local gas station, limited food choices.
- It is also possible to order meals for delivery from Papineauville.

Day 5 : Plaisance to Montebello — 22.2 km **

Total (km)	DIRECTIONS	Segments (km)
0	When you leave your accommodation, turn left on chemin des Presqu'îles, cross rue Principale (R-148). Continue walking on rue Papineau (which becomes Montée Papineau) and continue walking until the T-junction (about 400 m past Highway 50). At the intersection, a roadside cross, Rang St-Louis is on the left and Chemin des Cascades on the right.	5.1
5.1	Turn right on chemin des Cascades. Continue walking on chemin des Cascades, which becomes Côte de Cascades.	6.7
11.8	At the stop sign, turn right on Côte de Cascades (follow the signs for A-50/R-321. Attention: do not go straight as this leads to a dead-end, go under the Highway 50 overpass; turn left at the stop sign to continue on Côte des Cascades. At the next stop sign, turn right towards R-321.	1.1
	 Rest area at 2391, Côte des Cascades. Patio table and umbrella. Toilet and access to water in the residence.	
	 1.8 km further, at 2101, Côte des Cascades (Planchers Lauzon), picnic tables accessible if you do not take the employees' place during dinner time. Water available outside near the entrance.	
12.9	Turn left on the R-321, towards Saint-André-Avellin, continue walking to chemin de la Rouge	1
13.9	Take chemin de la Rouge to the right as far as chemin St-Hyacinthe, which you cross (Roadside Cross – rest area). At the Y intersection, turn right on chemin Saint-Hyacinthe, towards Montebello, arriving at Notre-Dame du Bon-Secours.	4.4
	 Rest area: Municipal building, 1, Chemin de l'Hôtel-de-ville, Notre-Dame-de-Bonsecours. Toilets and water available only during opening hours, Monday to Thursday from 9:00 a.m. to 4:00 p.m. Picnic table and bench outside available at all times.	
	Continue walking towards the Highway 50 overpass. You will cross chemin Woodward and the Côte Birabin-Saint-Denis before arriving at the viaduct. Cross the viaduct and continue along the St-Hyacinthe path to a small stone bridge.	

18.3	Immediately after the stone bridge, turn right on chemin des Lièvres and continue walking to chemin Richelieu (Y-intersection).	0.7
<i>From here you can take the alternative route via the Golf de Montebello, quieter and more scenic, but complicated.</i>		
<i>Otherwise continue to the next segment.</i>		
19	Turn left on chemin Richelieu until ch. Le Roy.	0.2
19.2	Turn left onto Ch. Le Roy to the R-323.	0.1
19.3	Take a right on the R-323 until you reach rue Notre-Dame (R 148).	1.0
20.3	Turn left on rue Notre-Dame (R-148) to rue Bonsecours; turn left to go to the accommodation.	0.6
20.9	Arrival	

 Trajet alternatif via Golf de Montebello		
Total (km)	DIRECTIONS	Segments (km)
19	Turn right on chemin Richelieu. After 250 m, turn left on chemin des Golfeurs, then left following the curve on the chemin des Balles-Perdues which once again becomes the chemin des Golfeurs. Continue to the R-323. See map below.	2.4
21.4	Turn right until rue Notre-Dame (R-148).	0.2
21.6	Turn left on rue Notre-Dame (R-148) and walk to rue Bonsecours, turn left and arrive at your accommodation.	0.6
22.2	Arrival	



Accommodation

- Centre communautaire, 220a rue Bonsecours.
- Each walker deposits the amount requested for accommodation in the envelope provided.
- Contacts:
 - Jean-François Lahaie, Rentals Manager, 819 423-5123, ext 3410.
 - In case of emergency, including Fridays and weekends: Mr. Éric Cayer, Municipal Works Manager 819 743-2443.







Services

- If you are reading the guide online, click this [link](#) to read historical and tourist information.
- Services and restaurants are in the area.



Taxi Montebello, 819 423-4011

Day 6 : Montebello to L'Original (Ontario) — 23.9 km

Total (km)	DIRECTIONS	Segments (km)
0	From your accommodation, return to rue Notre-Dame (R-148), and turn left. Continue walking until you reach Côte du Front (on the left, before the bridge).	2.3
2.3	Turn left on Côte du Front, which runs parallel to the R-148. Follow this road, cross a bridge and continue walking until the road rejoins the R-148.	1.6
3.9	Turn left on rue Notre-Dame (R-148) and continue until you reach chemin du Traversier. Turn right and walk to the dock.  Take the ferry with your group towards Lefavre (cash needed). The owners prefer making the crossing with a minimum of 5 people when there are no cars aboard.	1.1
5	 Leaving the ferry, toilets are available near the landing dock. Climb the hill and turn left on rue Lajoie (chemin Concession 1). Continue until you reach a sign for Montréal (intersection with Bay Road).	5.2
10.2	Turn right on Bay Road (County Road 24), and continue walking to a T intersection.	2.9
13.1	Turn left on Bay Road.  There is a rest area at 2228 Bay Road until June 8 inclusively : Toilet and water dispenser in the garage. Picnic table and chairs near the road and by the river, under the trees. From June 9, the rest area is relocated at 2282 Bay Road. Picnic table and chairs under a shelter. If the owners are present, access to the toilet and water in the garden house. First aid.  Au 1756 Bay Road , water available and access to toilets if the owners are present. Bottles of water in a cooler if owners are away. Table and chairs in the shade.	9.6
22.7	At the entrance to the village, on the other side of the small park, there is a convenience store. Take left on King Street which becomes Front Road O. Continue to the municipal campground.	1.2
23.9	Arrival	



Accommodation

- L'Original Community Center 772, chemin Front O.
- Contacts:
 - Ms. Mélanie Larivière, Parks and recreation coordinator. For general information: 613 678-3601 (office); 613 872-3872 (cell).
 - Mr. Carl Fournier, Parks and recreation team leader. In the event of an operational emergency (e.g. water leak, broken toilet, electrical problem, etc.): 613 551-7075
- Please deposit the amount requested for accommodation in cash in the envelope provided for this purpose on the entrance table. Don't forget to put your initials on the list of names at Arrival.
- **Please note:** it is strictly forbidden to dry underwear and/or laundry outside, neither on washing lines nor on fences (instructions from the canton of Champlain). In other words, hang your clothes inside the room.
- Picnic area and municipal beach at your disposal.
- Kitchen available.




Services

- For dinner, it is possible to order meals from Hawkesbury: the menus of some restaurants will be left on the entrance table.

For tomorrow (Day 7):




- On your way to Chute-à-Blondeau, you could make stop in Hawkesbury for a meal: it's 7.5 km away.

- You can also pre-order your dinner prepared by the Manoir Carillon residence in Chute-à-Blondeau. Cost: \$12. Contact Ms. Héléne Pratt 24 hours in advance at: 613 632-3434 or 613 307-1567.
 The residence will not prepare dinner for people who do not call in advance. You must pick up your meal at the Manoir Carillon residence at 1988, rue Principale, across the street, opposite the Community Center, then return to eat at the Community Center.



Hawkesbury Taxi, 613 632-2595

Day 7 : L'Original to Chute-à-Blondeau — 19.3 km

Total (km)	DIRECTIONS	Segments (km)
0	Return to rue Front W and turn left. Continue walking on this street which runs along the Ottawa River until you reach a T intersection at rue Regional 4 or rue Main W. Fast food available next to the gas station.	4.6
4.6	Turn left on rue Main W and continue until you reach rue McGill et boulevard du Chenail. This is the division between east and west Hawkesbury.	2.5
7.1	Continue walking on rue Main E (there are many shops here) until rue Tupper (car dealership at the intersection).	2.5
9.6	Past rue Tupper Street, rue Main E becomes chemin Front. Continue walking on chemin Front alongside a bay.  On the way after 1.4 km, Miner Park on your right: possibility of a break.   4 km further, the park (Township East Hawkesbury Park) is on the left at the exit of the bay. Toilet. A little further, there is a stream where it is said that Dollard Des Ormeaux fought a battle at the foot of this stream. Continue until you reach your accommodation. Note that rue Front becomes rue Principale in the village of Chute-à-Blondeau.	9.7

19.3 Arrival



Accommodation

- Community Centre, 2005 rue Principale. Enter at the back, on the river side at ground level.
- If an event is taking place at the Community Centre, walkers will be moved to the sacristy for the night. If you must sleep in the sacristy, the Community Centre showers will only be available the following morning.
- Contact: Mrs Joanne Ladouceur Crête, 514 715-4383.




Services

Food can be purchased on site for snacks and lunch.

Day 8 : Chute-à-Blondeau to Rigaud — 22.7 km

↩ See also alternative route via St-Eugène

Total (km)	DIRECTIONS	Segments (km)
0	Turn left on Front Street and walk by the entrance to Voyageur Provincial Park.	4.3
4.3	Continue on Front Street, using the viaduct to walk over R-417 and continue walking until you reach Concession Road 1 (Conc 1).	0.9
5.2	Turn left on Concession Road 1 and continue until you reach the corner of Grande Montée Road, in the direction of Pointe-Fortune.	5.2
10.4	Turn left on Grande Montée Road, using the viaduct to walk over the R-417 and continue walking until the intersection of the R-342.	0.4
10.8	Turn right on the R-342 towards Rigaud.  At 4.3 km, rest stop and toilets at the Camping Trans-Canadien, 960, R-342. Bottled water sold at the convenience store. Canteen (fries, hamburgers, etc.) and pergola on the campsite. Use the viaduct to walk over Autoroute 40. The R-342 turns into rue St-Jean-Baptiste west entering the town of Rigaud. Cross the bridge and continue walking, about 100 m until you reach rue Saint-Pierre.	10
20.8	« Connection with Alternative Route » Turn right on rue Saint-Pierre, walk by Sainte-Madeleine Church and continue walking until you reach rue Bourget. Turn left on rue Bourget, then right on Rue de Lourdes. Make a slight left to continue on rue de Lourdes until you reach Our Lady of Lourdes Sanctuary. On your left is a parking lot. Present yourself at the Sanctuary Boutique	1.9
22.7	Arrival (28.6 for Alternative Route)	



Trajet alternatif via St-Eugène

DÉFI : 28.8km, apportez eau, lunch et collations.

Total (km)	DIRECTIONS	Segments (km)
0	Turn left on rue Front and walk past the entrance to	4.3

Voyageur Provincial Park.		
4.3	Continue to rue Front, walk over the R-417 overpass and continue on chemin Comté 14 (chemin St-Eugène) to the T-junction.	6.7
11	Turn left on chemin Comté 10 which becomes rue Labrosse in the village of St-Eugène and continue to chemin Duplantie.	2.9
13.9	Turn right on chemin Duplantie, cross the Rigaud River and continue walking to chemin Concession 5.	0.4
14.3	Turn left on chemin Concession 5 which becomes chemin de la Fourche. After about 5.9 km , chemin de la Fourche splits into two branches. Take the branch on your left and cross the Rigaud River to get to chemin du Haut-de-la-Chute, where you will turn right. Continue to chemin du Haut-de-la-Chute, which becomes rue St-François in the municipality of Rigaud. Continue to rue St-Jean-Baptiste (R-342); cross the bridge and continue walking (about 100 meters) to rue St-Pierre.	12.4
26.7	Continue on the main route (see « Connection with Alternative Route »).	



Accommodation

- [Our Lady of Lourdes Sanctuary](#), 43 rue de Lourdes.
- Your accommodations can be found in the basement of the Shrine's souvenir shop.
- Contact : Father Ronald Hochman, 450 451-5385.
Email : ronaldhochman@hotmail.com













Services

- There are several restaurants and convenience stores in Rigaud.
- Meals can also be ordered from your accommodation.
- For breakfast, there are restaurants on rue St-Jean-Baptiste and other restaurants just before reaching Highway 40.



Taxi 3000, 450 451-3000

Day 9 : Rigaud to Hudson — 15.1 km

Total (km)	DIRECTIONS	Segments (km)
0	Follow rue de Lourdes, turn left on rue Saint-Viateur and continue walking to rue St-Jean-Baptiste.	1.5
1.5	Turn right on rue St-Jean-Baptiste E / chemin de la Grande-Ligne (R-342) and continue walking until the Highway 40 viaduct.   Services and restaurants are available near the intersection.	1.1
2.6	Walk past the viaduct and continue walking on rue St-Jean-Baptiste until a Y intersection (just after rue du Bosquet). Keep left, walking towards the railway tracks. Do not continue on the R-342 (chemin des Prairies, which curves to the right).  At about 2.2 km from the viaduct, there is a cycling stop with pergola.	2.4
5	Cross the railway tracks and continue walking on chemin de l'Anse which eventually turns into rue Main.	10.1
<i>There is no shoulder. Be very careful</i>		
	  After 6.5 km, at rue 723 Main, Hudson, there is a rest area at the Betterève Community Farm. Thompson Park is across the street. No drinking water.	
	   After 8 km, you will find St-James Anglican Church at 642 rue Main. A bench is available outside, and you have access to toilets and water if the church Community Center is open. It is located at the rear of the church. The Community Center opening hours vary. On weekdays, it is usually open until 10:30 am.	
	  At Hudson, about 1.5 km further, restaurants, a grocery store and other services are available.	
15.1	Arrival	



Accommodation

- L'Église St-Thomas d'Aquin, 413 rue Main, west side of the church, in the basement.
- The key is available in the presbytery. Return to the same place when you leave in the morning.
- A shower is available at the presbytery, upon request.
- Contact :
 - Father Marceliano, Presbytère, 450 458-5322. If absent, Father Roland Demers.



Services

- Services and restaurants nearby.
- No food service open early in the morning in Hudson. You can have breakfast in Oka.
- In Oka, the Métro grocery store (31, rue Notre-Dame) opens at 8:00 a.m., the Subway (18, rue de l'Annonciation) at 9:00 a.m.
- The PATOka bakery (<https://painatartine.com/index.php/patoka/>), 118 rue Notre-Dame, Oka. On the menu: coffee, pastries, sandwiches. Discounts for CDO walkers. Check opening hours. It is best to take out your food as there are only 4 that can sit to eat indoor. Space becomes even more tight for bakery customers when walkers remove their backpacks. No access to the toilet.







Please call in advance to order sandwiches: 450 415-0666.



Taxi St-Lazare Hudson, 450 424-1000

Day 10 : Hudson to Sainte-Marthe-sur-le-Lac — 20.7 km

Total (km)	DIRECTIONS	Segments (km)
0	Turn right on Main Street and walk to the ferry.  Take the ferry to Oka (cash only).	3.8
3.8	Leaving the ferry, continue walking on Rang de l'Annonciation and just before the ball field, take the bike path on the right to rue St-Jean-Baptiste  If you want to stop at the PATOkA Bakery , at 118, rue Notre-Dame, turn left on rue St-Jean-Baptiste then immediately right on rue Notre-Dame. The bakery is less than 300 meters away. Leaving the bakery, continue on rue Notre-Dame, turn right on rue St-André to take rue St-Sulpice (Route Verte 1) on the left.	0.8
4.6	Turn right on rue St-Jean-Baptiste. Follow the Green Route 1 (La Vagabonde) bike path. At St-André Street, turn right until St-Sulpice Street (Route Verte 1) which you take on your left. Turn left on rue du Paigne then take rue St-Jean-Baptiste on the right. Continue walking on the bike path. You will walk through Parc national d'Oka. In about 3.2 km, you will cross chemin du Camping. Continue following the bike path (Route Verte 1/ chemin des Collines) until you reach a junction with a road going towards Deux-Montagnes on the right.	9
13.6	Take the path on the right (Route Verte 1) and continue walking on the bike path.  About 2 km further, there is a school park on your right: tables and benches.  There's a bench about 700 m further, near Lac de la Sablière at Pointe-Calumet. Continue walking on the bike path, walking past by the Super Aqua Club, until you reach 30 ^e Avenue in Sainte-Marthe-sur-le-Lac about 3.9 km further. <i>Note that the avenue numbers are in descending order until they reach 1st in Pointe-Calumet and resume at 45th in Sainte-Marthe-sur-le Lac.</i>	6.3

-
- 19.9 Turn left on 30th Avenue until chemin d'Oka. 0.8
Turn right on chemin d'Oka, walk 150 m and turn left on rue de l'Église.
Walk to the door between the church and the presbytery, at the end of the parking lot to find your accommodation
-

20.7 Arrival



Accommodation

- Presbytery, 3101 rue de l'Église.
- Contact :
 - Madame Suzanne Bélanger, Villa du Bonheur,
3115 rue Ste-Madeleine, app. # 13
(opposite to the Municipal Housing parking lot) 514 582-0214
Email: saleendany@gmail.com



Services

- Services and restaurants are nearby.



Call your Laval accommodation today to confirm your arrival the next day and speak to Sister Mariette Desrochers, 438 403-8486.
If there is no answer, call Partage Saint-Maxime,
450 973-4242.




In this itinerary, two alternative routes are offered

Total (km)	DIRECTIONS	Segments (km)
0	Turn left on chemin d'Oka and walk to the traffic lights at boulevard des Promenades.	0.9
0.9	Cross boulevard des Promenades and take the bike path. It is parallel to chemin d'Oka and winds its way towards a wooded area in 10 m. until boulevard Deux-Montagnes.	2.4
3.3	Upon leaving the wooded area, cross boulevard Deux-Montagnes and continue walking on the bike path, which is parallel to the railway tracks once you leave the wooded area, until the bike path ends (intersection of 16 th Avenue and rue Guy).	0.5
3.8	Turn left on 16 ^e Avenue, left again on rue Montclair, right on 15 ^e Avenue and continue until you reach rue Henri-Dunant.	0.5
4.3	Turn left on rue Henri-Dunant, then right on 8 ^e Avenue and continue until you reach the bridge over the dam parallel to the railway tracks.	2.1
6.4	<p><i>Please note: this step is only possible if the REM construction site across the bridge allows it; otherwise, take the alternative route.</i></p> <p>Cross the bridge over the dam. At the end, turn right on rue des Érables and cross the railway tracks.</p> <p>Follow the bike path on the left side of rue des Érables.</p> <p>Continue on rue des Érables until you reach the convenience store on rue des Plaines. rue des Érables now turns into chemin du Bord-de-l'Eau..</p>	2.8

Alternative route to previous segment (about 1.1 km more walking)

- Cross the bridge over the dam. At the end, turn left onto rue des Érables, then right on rue St-Antoine.
- Turn right on rue Fernando Pessoa, cross the park then turn right onto the Sentier des Bois.
- At rue Hector-Nadon, take the left branch of rue du Chemin-de-Fer to reach avenue des Bois.
- Turn right on avenue des Bois to reach Chemin du Bord-de-l'eau.
- Turn left on Chemin du Bord-de-l'Eau.

The next segment will be reduced by 0.3 km

9.2	Continue walking on chemin du Bord-de-l'Eau until you reach boulevard Samson. Do not continue on boulevard Samson.	3.3
12.5	Take chemin du Bord-de-l'Eau on the right.  After 1.1 km, you are in the nature park Couvrette. 1.5 km further, facing 341 chemin du Bord-de-l'Eau, you will find a small representation of the Calvary built in stone by Sauriol in 1925. Continue until you reach rue Cléophas-Charbonneau, on your left. You will first see rue des Anémones on your right.	3.6
16.1	Turn left on rue Cléophas-Charbonneau and continue until you reach boulevard Samson.	0.2
16.3	Turn right on boulevard Samson and use the viaduct to walk over Autoroute 13. Immediately after crossing the viaduct, take the bike path on the right. Continue on this bike path to boulevard Lévesque O (T-junction).	1.1
17.4	Turn left on boulevard Lévesque O and continue until it joins boulevard Samson.	1.2
18.6	Turn right on boulevard Samson for 300 m (to the shopping centre), then turn right on another segment of boulevard Lévesque O and continue walking until you reach the church.	2.1

*Alternative to the last two segments – a quieter walk
(about 0.7 km longer)*

- Turn left on boul. Lévesque O. up to the Promenade des Îles. 0.9
- Turn right on Promenade des Îles, walk through Îles Du Tremblay and Paton, then join the other section from boul. Lévesque O. This can be reached walking across the large parc Berthiaume-Du Tremblay. 1.7
- Turn right on boul. Lévesque O. and continue to Saint-Maxime church. 1.4

20.7 Arrival



Accommodation

- St-Maxime Church Presbytery, 3700 rue Lévesque O between 80^e Avenue and 77^e Avenue.
- Go to the church basement, from the left side of church.
- Ask for Sister Mariette Desrochers.




Services

Services and restaurants are nearby.



Taxi Coop, 450 688-8700

Day 12 : Laval to l'Oratoire St-Joseph, Montréal — 12.7 km

Total (km)	DIRECTIONS	Segments (km)
0	<p>When leaving the presbytery, walk towards the river; you will see Saint-Maxime school on your left. Turn left on the bike path that runs along the Rivière des Prairies to the Lachapelle Bridge.</p> <p>A few meters before the bridge, continue on the right branch of the bike path and walk under the bridge. Continue to 71st Ave (about 50 m) and take the sidewalk on the span of the bridge that crosses the Rivière des Prairies, heading south, towards Montréal. You will be walking, facing the traffic.</p>	1
1	<p>At the end of the bridge, turn slightly left on rue Lachapelle/QC 117N.</p> <p>Continue walking on rue Lachapelle. Turn left on rue du Bocage. Turn left onto rue de la Miséricorde. Keep right on rue du Bocage, until the end of the street.</p> <p> Turn right on rue Notre-Dame-des-Anges, walk 50 m and turn left, entering Parc Raimbault, where there are benches.</p> <p>Near a wooded area in the park, turn right on the path and follow it until you reach boulevard Gouin O.</p>	1.5
2.5	<p>Turn left on boulevard Gouin O and continue walking until you reach boulevard O'Brien.</p>	0.3
2.8	<p>Turn right on boulevard O'Brien (which becomes avenue O'Brien after boulevard Henri Bourassa) and walk until you reach rue Lapointe.</p>	2.4
5.2	<p>Turn left on rue Lapointe, then right on avenue Sainte-Croix and continue until you reach boulevard Côte-Vertu.</p> <p>At the intersection behind the bus shelter, you will see the Saint-Frère-André Monument: "Frère André, 1845-1937, died in this hospital, Wednesday, January 6, 1937".</p>	1.1
6.3	<p>Continue on avenue Sainte-Croix and walk under the Autoroute 40.</p>	1.6
7.9	<p>Avenue Sainte-Croix turns into chemin Lucerne. Follow chemin Lucerne and turn left on avenue Algonquin. Continue until you reach chemin St-Clare.</p>	0.9
8.8	<p>Turn right on chemin St-Clare which winds its way towards rue Jean-Talon and turns into chemin Côte-des-Neiges.</p>	1.2

10	Continue walking on chemin Côte-des-Neiges until you reach chemin Queen Mary.	2.2
12.2	Turn right on chemin Queen Mary and walk towards Saint Joseph's Oratory on your left.	0.5
12.7	Arrival. Go to the reception office for pilgrims to sign the register in order to receive your certificate by mail.	

Daily Route Validation (for printing)

Orléans Date :	Buckingham (Gatineau) Date :	Thurso Date :
Plaisance Date :	Montebello Date :	L'Orignal Date :
Chute-à-Blondeau Date :	Rigaud Date :	Hudson Date :
Sainte-Marthe- sur-le-Lac Date :	Laval Date :	Montréal Date :



Tout en marchant ...